

Different countries use different bra sizing methods, I'm sure this is just to confuse us!

The UK and USA are very similar using the Imperial system (inches) with a letter cup size but once you get towards the larger cup sizes things change. See the comparison chart below.

In most European countries the sizing is done in Metric (centimeters) with a letter cup size, but again this is not the same for all countries in Europe. Italy uses a different system again!! Australia use a totally different system which is based on the dress sizing charts.



Hopefully these charts will help you out when purchasing lingerie online from different countries.

### Band Size Conversion Chart

UK	USA	Europe	France	Italy	Australia
28	28	-	-	-	-
30	30	-	-	-	-
32	32	70	85	1	2
34	34	75	90	2	12
36	36	80	95	3	14
38	38	90	105	4	16
40	40	90	105	5	18
42	42	-	-	-	-
44	44	-	-	-	-
46	46	-	-	-	-
48	48	-	-	-	-
50	50	-	-	-	-
52	52	-	-	-	-
54	54	-	-	-	-
56	56	-	-	-	-

### Cup Size Conversion Chart

UK	USA	Europe	France	Italy	Australia
AA	AA	AA	AA	-	-
A	A	A	A	A	A
B	B	B	B	B OR NOTHING	B
C	C	C	C	C	C
D	D	D	D	D	D

DD	DD OR E	E	E	DD	DD
E	DDD OR F	F	F	E	E
F	G	-	-	F	F
FF	H				FF
G	I	-	-	-	G
GG	J	-	-	-	GG
H	K	-	-	-	H
HH	L	-	-	-	HH
J	M	-	-	-	J
JJ	N	-	-	-	JJ
K	-	-	-	-	-